



**Thank you for helping to feel hungry hearts and souls!**  
**The Salvation Army Food Pantry is about more than food! It is about nutrition, healthy bodies and minds, and hope when it is needed most!**

*"It means my family can eat and I do not feel as much stress – that means so much to me."  
Family of 6*

*"Assistance from the food pantry means I can feed my family & still have money for gas so that I can work! People often think that if I worked harder it'll fix everything...but it is not that simple." Family of 3*

*"Just because I work does not mean I can afford food. If I buy food I cannot get my meds for a blood disorder and risk my life. The food pantry keeps us from going hungry." Family of 3*

## **Suggested Items for Food Drive**

**Canned meat—  
tuna/chicken/spam**

**Stews**

**Pasta and Pasta Sauces**

**Rice**

**Hamburger Helper**

**Canned and boxed soups**

**Stove top stuffing**

**Boxed potatoes—all varieties**

**Gravy**

**Tacos shells and taco sauces**

**Condiments/Salad dressing**

**Canned fruit and snack fruits**

**Cereals hot and cold**

**Peanut butter & jelly**

**Pancake mix and syrup**

**Bisquick**

**Juice/Juice boxes and mixes**

**Snacks**

**Baby food**

**Other non-perishable items**

**Hygiene items**

**Toilet Paper**

**Dish Soap**

For assistance in coordinating a food drive or guest speaker contact:

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